

Warmlines

Definition of a warmline: A warmline is a non-emergent phone line for people who are looking for someone to discuss their daily struggles and to receive some emotional support.

Lenape Valley Warmline	215-896-9717 (Mon-Fri 1:00pm-5:00pm)
Bucks CONTACT line	215-355-6000 (7 days weekly, 8:00am-8:00pm)
NAMI Bucks Emotional Support:	215-343-3055 press 2; 3:00pm - 10:00pm daily
UPMC Warmline	1-877-550-4007 (Tuesday-Saturday 12pm-7:30 p.m.)
The Samaritans	212-673-3000
Friendship Line	1-800-971-0016
Distress Centre Help Line	416-408-4357
Allegheny County Peer Support Line	1-866-661- 9276 (10am-Midnight daily)
Lehigh County Warmline	610-820-8451 (6:00 AM-10:00 AM) and (4:00 PM-12:00 AM)
Philadelphia Warmline	855-5047-9276 or 267-507-3945 (Tuesday-Sunday 4-7pm)
Montgomery County Peer Support Line	855-715-8255 (7 days 1:00pm-9:00pm)
Montgomery County Teen Talk Line	866-825-5856 or text 215-703-8411 (Monday-Fri 3pm-9pm)
Bucks County First Responder Hotline responder	Call 215-345-2273 – they will transfer you to on-call first responder

Crisis Text Line

Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis. This is a free service for phone carriers AT&T, T-Mobile, Sprint, or Verizon phone plans. The crisis counselor is a trained volunteer that helps individuals through their emotions by listening and asking questions. If they feel someone is in immediate danger, they will work to form a safety plan. If they are unable to make one, they may contact emergency services.

Crisis Phone Numbers

-National Suicide Hotline	1-800-273-8255
--Veteran's Crisis Line	1-800-273-8255 press 1
--NOVA (Network of Victim Assistance) hotline	1-800-675-6900
--A Woman's Place-24 hr Domestic Violence Services & Support	1-800-220-8116
--Area Agency on Aging (Elder Abuse #)	1-800-243-3767
--Childline - for reporting suspected Child Abuse	1-800-932-0313

Bucks County Crisis Centers

Bucks County Adult & Children's Mobile Crisis – 1-877-435-7709
Central Bucks Crisis (located in Doylestown Hospital)– 215-345-2273
Grandview Crisis (located in Grandview Hospital)– 215-257-6551
Lower Bucks Crisis (located in Lower Bucks Hospital)– 215-785-9765

Montgomery Crisis Centers

Abington Crisis Center (located in Abington Emergency Room) 215-481-2525
Montgomery County Emergency Services – 610-279-6100
Montgomery County Mobile Crisis – 1-855-634-4673

Philadelphia Crisis Centers for Substance Abuse/Mental Health Emergencies:

Northeast: Friends Hospital 215-831-2600

Northwest, Germantown, & Roxborough: Einstein Hospital at Germantown 215-951-8300

North: Temple/Episcopal Hospital -215-707-2577

Center City & South: Hall-Mercer/Pennsylvania Hospital 215-829-5249

West & Southwest: Mercy Hospital 215-748-9525

Children Only: Children's Crisis Response Center Project at Einstein Hospital 215-951-8300

Philadelphia Mobile Emergency Team 215-685-6440